

## Myanmar 7 Nights 8 Days

### Yangon – Mandalay – Sanctuary Cruise – Bagan

#### Day 01 Hong Kong – Yangon

Depart Hong Kong by KA 254 1620hrs, meet and greet, hotel transfer, overnight Yangon.

#### Day 02 Yangon



**Karaweik Hall**

Enjoy breakfast in the comfort of your hotel, afterwards your full day tour begins with **Chauk Htat Gyi** (Reclining Buddha), one of the most revered reclining Buddha images in the country.

Next is the wonderful **Karaweik Hall** a palace on the eastern shore of Kandawgyi Lake, a barge designed by the Burmese architect U Ngwe Hlaing. This is a great spot for taking photos.

Continue to **Sule Pagoda**, **Maha Bandoola Park** and the famous **Botataung Pagoda** followed by **Chinatown** (known to some locals as *Tayoke Tan*). Explore the **Fruit Market** where you can get a taste of the local life! Visit **Aung Sang Su Kyi Museum**, **Scott Market** and end your day with a beautiful sunset at **Shwedagon Pagoda**.

Hotel transfer, overnight Yangon.



**Shwedagon Pagoda**

#### Day 03 Yangon – Mandalay

Hotel breakfast, airport transfer for flight K7622 depart Yangon 1330hrs, arrive Mandalay 1455hrs. Hotel transfer, overnight Mandalay.

**Day 04 Mandalay – Cruise**



**Mahamuni Pagoda**

After breakfast you will be escorted to meet the Sanctuary Cruise crew. Afterwards your morning tour will cover **Mahamuni Pagoda, Shwenadaw Monastery and Kuthodaw Pagoda.**

Kuthodaw is known as the biggest book in the world, surrounding it are 729 marble slabs inscribed with Tripitaka texts.

At 12.30 PM you will board your cruise, lunch will be served on board as you journey towards Sagaing. Your afternoon excursion takes you to **Sagaing Hill**, an important religious and monastic place, home to over 500 monasteries, 6,000 monks and nuns. Visit a Monastic school and orphanage where you will have the opportunity to meet some of the residents and understand their views of Buddhism.



**Sagaing Hill**

Enjoy views from the top of the hill on the terraces of **Soon U Ponya Shin Pagoda**. Amarapura, was once known as ‘*The City of Immortals*’. Today, the leisurely ‘*clack-clack*’ from the looms of cotton and silk weavers has replaced the noisy bustle of this former capital.



**U Bein Bridge**

Continue to **U Bein Bridge**, a spectacular place to enjoy the sunset. This long teak bridge snakes across the Taung Tha Man Lake.

After sunset, return to your cruise for dinner, overnight cruise.

**Day 05 Cruise**

Early this morning, your cruise will sail north to the quaint village of **Sin Kyun** just north of Mandalay sponsored by Sanctuary Retreats Philanthropy with a population of under 1,000. Take an optional tour to witness first-hand the way of life in this unspoilt location seldom viewed by outsiders.

Afterwards set sail towards **Tan Chi Taung Mountain**. See beautiful sights from the ship while passing Mingun, passing by the unfinished **Mingun Pagoda**. Sail south, relax as you go past villages, set against a backdrop of soft browns and rich tamarind trees with white and golden pagodas gracing the distant hills.

We recommend enjoying this riverine picture than from your Kansai Panorama Lounge!



**Mingun Pagoda**



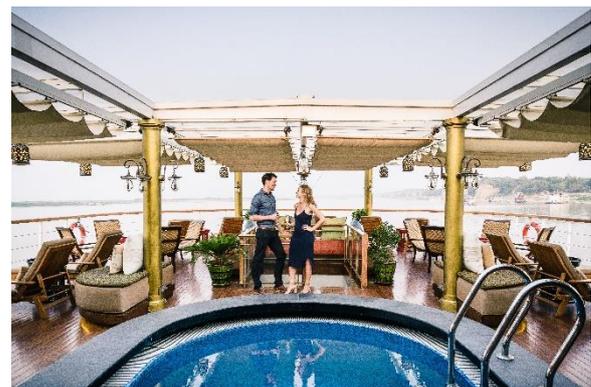
**Sanctuary Cruise**

After lunch, a variety of on board activities will be on offer including a longyi (sarong) and thanaka (cosmetic) demonstration, a back of house tour, and a talk on Myanmar – covering the country’s incredibly rich history, the recent controversial decades and the outlook for the future.

A delicious dinner will bring this thought-provoking day to an end. Overnight cruise.

**Day 06 Cruise – Tan Chi Taung Mountain**

After breakfast, you have option to join the Executive Chef for a cooking demonstration to test your knowledge of local delicacies and learn how to create delicious Asian dishes! Spend the rest of the morning sailing downstream towards Bagan with ample time to enjoy luxuries on board such as a spa treatment or relaxing by the pool with a book from the library. Lunch will be served as you enter Bagan.



**Sanctuary Cruise**



**Kanshi Panorama Lounge**

Head to the top of **Tan Chi Taung Mountain** to enjoy your first glimpse of Bagan plains, containing more than 2,000 pagodas and stupas. Watch an Elephant dance on the shores, an age old acrobatic performance, before re-boarding your cruise.

As you sail back to your jetty, enjoy the breathtaking sunset from the **Kanshi Panorama Lounge** with one of the signature cocktails.

Tonight, a candlelit dinner will be served on the banks of the Irrawaddy river! Overnight cruise.

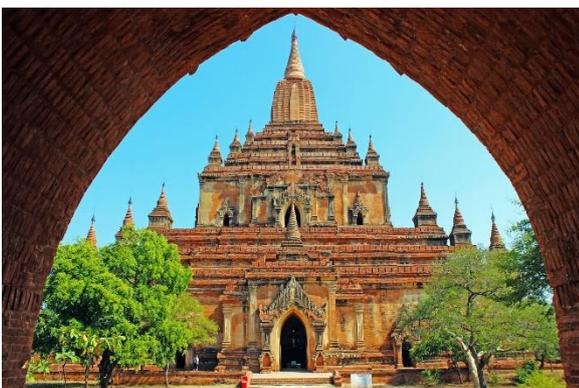
## Day 07 Cruise – Bagan

Begin with an optional early morning **Balloon Tour** to capture a birds-eye view of the Bagan plain, followed by breakfast on board. Visit the bustling local daily market **Nyaung U** where farmers buy and sell a variety of goods, ranging from fruit and vegetables to china and lacquerware.



**Balloon Tour**

Move on to the great golden **Shwezigon Pagoda** which holds a special place among Burmese pagodas as it was the first major monument built in the Burmese style following the country's conversion to Theravada Buddhism and was the first to have nat (spirit) images allowed within the precinct.



**Sulamani Pagoda**

You will be led through the plains of Bagan on horse-cart with picturesque photo stops on the way along with a visit to **Sulamani Pagoda**. After lunch on board, visit **Ananda Temple** commonly referred to as one of the four great temples in Bagan. Regarded by folklore as one of the most beautiful temples in Myanmar. Visit an old lacquerware workshop, this ancient craft has been produced in Bagan since the 11<sup>th</sup> century. In the workshop, the traditional methods are still used.

Enjoy the sunset over the Bagan plains, see how the light changes on the pagodas as they exude antiquity and mystery. The sun shall set behind the hills on the far side of Irrawaddy River, filling your final evening on board with a reddish glow. A local performance will be followed by a farewell dinner on board. Overnight cruise.

**Day 08 Cruise – Disembark Sanctuary – Yangon**

Early breakfast, check-out at 9 AM, you will be escorted to a local village in the heart of Bagan, to see the way of life of the local people. Your guide will liaise with the Sanctuary Cruise crew to assist you back to the airport for your flight to Yangon Y5201 departing at 1735hrs and arriving at 1855hrs. Meet and greet, either transfer to the City Centre for dinner or stay at the **Mingalar Sky Premium Lounge** which includes:

- *Airline check-in on behalf of the guest*
- *Priority Lane for airport immigration and security*
- *Airport lounge service*
- *First Class lounge service*
- *Escort to the boarding gate with buggy*
- *International a-la-carte menu*
- *Full bar service with premium wine, beer and alcohol*
- *Business Center, Newspapers & magazines*
- *Complimentary wi-fi access, recharging stations*
- *Shower room facilities with full amenities*
- *Priority buggy car transfer to your departure gate where possible*

Your flight departs 0135hrs the day after, arrive into Hong Kong at 0600hrs.