

Nepal

7 Nights

Day 01 Kathmandu

Depart, arrive Kathmandu, meet and greet, hotel transfer, check-in and relax. Overnight Kathmandu.

Day 02 Kathmandu

Enjoy breakfast in the comfort of your hotel prior to your full day tour of Kathmandu city. See the incredible **Swayambhunath Stupa**. Comprised of a dome at the base, above a cubical structure painted with the eyes of the Buddha that can be seen looking in all directions.

This ancient religious structure stands tall atop a hill and is known for housing many famous artefacts. The Tibetan name for the site translates into *Sublime Trees*.



Swayambhunath Stupa



Durbar Square

Explore **Patan City**, many locals refer to the original Sanskrit name of *Lalitpur (City of Beauty)* or by the Newari name *Yala*.

Explore **Durbar Square** in front of the old Royal Palace of the former Kathmandu Kingdom, famous for being the original place that held the palace of the Shah and Malla Kings who ruled over the city.

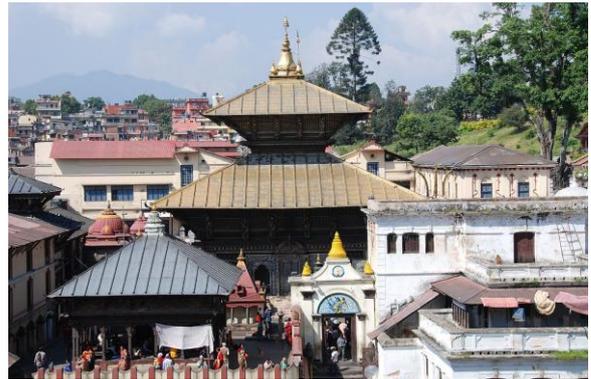
See various temples including **Krishna Temple** and **Mahaboudha Stupa**.

Hotel transfer, overnight Kathmandu.

Day 03 Kathmandu

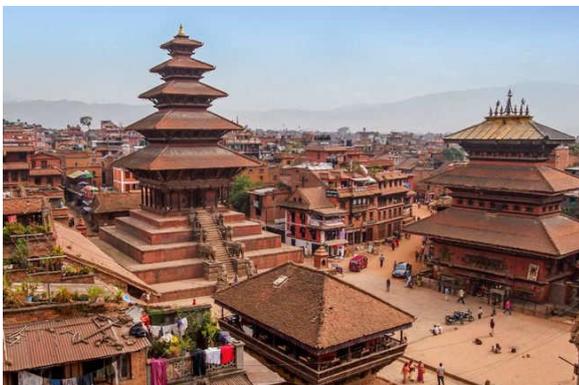
Your tour begins with **Pashupatinath Temple**, temple of Lord Shiva **Pashupatinath** with a two tiered golden roof and silver doors. This structure is famous for its superb Newari architecture, situated near the banks of the sacred Bagmati River.

At the entrance you will see a ‘Hindus Only’ sign however visitors can clearly see the temple from the eastern bank of the Bagmati River.



Pashupatinath Temple

Head to the *UNESCO World Heritage Site* of **Boudhanath** and **Gokarneshwar Mahadev Temple**. Boudhanath is one of the biggest stupas in the world, where believers are taught that the four pairs of eyes here keep watch for righteous behaviour and human prosperity.



Bhaktapur

Continue to the ‘*City of Devotees*’ **Bhaktapur** part of the movie *Little Buddha* starring Keanu Reeves was filmed here. Bhaktapur is globally renowned for art and architecture, a city steeped in culture, founded in the 12th century. In Taumadhi Town Square, see the five-story pagoda, with all its original beauty. The pagoda is one of the few historical landmarks that was not damaged during a devastating earthquake in 1934.

Hotel transfer, overnight Kathmandu.

Day 04 Kathmandu – Shivapuri – Nagi Gumba – Kathmandu

After an early morning breakfast you will embark on your hiking trip from **Shivapuri** to **Nagi Gumba**.

Shivapuri is at an altitude of the 2563m the second highest hill around Kathmandu valley, drive for about 45 mins to **Budhanilkantha Temple**, housing one of the biggest statues of Lord Vishnu. Walk through Shivapuri conservation area, the Government protected forest.



Shivapuri Hiking



Nagi Gumba

Nagi Gumba at an altitude of 2330m and above Budhanilkantha Temple where about 200 Nuns practice Buddhism and foreigners often visit for meditation. Journey on the steep uphill hike through the narrow and dusty trail for about 30 mins followed by 120 mins of a gradual uphill trail to Shivapuri. After lunch take a shortcut downhill trail to Budhanilkantha for about 30 mins, then dive back to Kathmandu. Hotel transfer, overnight Kathmandu.

Day 05 Kathmandu – Pokhara

Airport transfer, depart Kathmandu, arrive Pokhara (approx. flying time 35 mins), meet and greet, hotel transfer, overnight Pokhara. *Optional Paragliding in Pokhara available.*

Day 06 Pokhara

Start your excursion with a visit to **Bindabasini Temple**, standing proudly atop a hill calmly overlooking the bustling city of Pokhara 3000 feet above sea level along the renowned Annapurna and Machhapuchhre mountain ranges.



World Peace Stupa

Your tour will take you to **Devi's Fall, Seti River Gorge, Tibetan Village, International Mountain Museum** and the beautiful **World Peace Stupa**. Rest your feet with a leisurely boat ride on **Phewa Lake**. Hotel transfer, overnight Pokhara.

Day 07 Pokhara



Sarangkot to Naudanda

Your guide will escort you to **Sarangkot** where you will be rewarded with outstanding views of the Himalayas. Prepare for your trek to **Naudanda** (180 mins) one of the best scenic trails for experiencing Nepal rural life. See superb views of Annapurna, Machhapuchhare, Dhaulagiri, Phewa Lake and Pokhara Valley. Hotel transfer, overnight Pokhara.

Day 08 Pokhara – Kathmandu – Hong Kong

Airport transfer, depart for your flight to Kathmandu and connecting flight to Hong Kong.